You are not the only one
You are not alone

Counselling Center in Piraeus
Open: Monday to Friday 09:00-17:00
Ethnarhou Makaria Avenue (Room D),
Peace and Friendship Stadium, 185 47 Neo Faliro
Tel.: 210 4825372 & 4828970, Fax: 210 4822425
E-mail: peiraias@isotita.gr

Counselling Center in Athens
Open: Monday to Friday 08:00-16:00
11, Nikis str., 105 57, Athens
Tel.: 210 3317305-6, Fax: 210 3315787
E-mail: isotita4@otenet.gr

Counselling Center in Athens (Polykentro)
Open: Monday to Friday 09:00-17:00
51, Harilaou Trikoupi & Valtetsiou Str., 106 81, Athens
Tel.: 210 3898085, Fax: 210 3898079
E-mail: polykentro@isotita.gr

Counseling Center in Thiva
Open: Monday to Friday 08:00-16:00
Address: 3 Kyprou str., 322 00, Thiva
Tel.:.: 22620- 89576, 22620-89574
Fax: 22620-27628
E-mail: symvouleutiko@thiva.gr

Counseling Center in Fylis
Open: Monday to Friday 07:00 – 16:00
Address: 23 Ioanni Kampoli, 133 41 Ano Liosia,
Tel./Fax: 210 2483360
E: ksfylis@fyl.gr

Counseling Center in Halandri
Open: Monday to Friday 09:00 – 15:00
Address: 7 Stratarhou Papagou, 152 34
T: 210 6899916
E: womenaidhalandri@gmail.com

Counseling Center in Keratsini-Drapetsona
Open: Monday to Friday 08:00-16:00
Address: n. 22 in March 25th street and
Dominikos Theotocopoulos str., Drapetsona, 186 48
Tel.: 210 4614575/Fax:210 4614641
E: womenaidkeratsini@outlook.com

Counseling Center in Peristeri
Open: Monday to Friday:8:00-16:00
Address: 1 Ethnarxou Makariou, (Building KYBE), 121 31
Tel.: 210 5783265, E-mail: skg@peristeri.gr

This leaflet was published with the support of UNHCR, the UN Refugee Agency, in the framework of its cooperation with the General Secretariat for Gender Equality.
The General Secretariat for Gender Equality, the competent governmental body for preventing and combating violence against women, has a network of services that can provide you with support: you can be referred to a Counselling Centre where people will listen to you and provide assistance, including information about how you can overcome this situation. You might also be accommodated in a safe Shelter with your children, where you will be provided with accommodation, food and support. Therefore, get to the person in charge of the accommodation facility (site manager) you are residing in or to UNHCR or to an NGO that operates in the accommodation facility, or to the staff of the Agency that provides you with accommodation in an apartment, and they will provide you with more information about how to have access to support. You can also call the helpline 15900 (in Greek or in English).

Any information you share with them will remain confidential and will not be shared further without your permission.

Furthermore, depending on your needs and wishes, you may be referred to the nearest Hospital for the provision of appropriate medical treatment or medical examination, in case you wish to report the incident.

What happens next:
Counselling Centres’ staff will:
- Listen to you
- Give you support and advice
- Refer you to the appropriate services, according to your needs
- In case you choose to be referred to a shelter, cash assistance that may have been provided to you before your accommodation to a shelter, will not be discontinued.

In case you are under 18, the National Centre for Social Solidarity (EKKA) can provide you with support. You can also call the helpline 1107 (in Greek or in English).

In particular, in case of rape:
- Visit the closest hospital as soon as possible,
- Try not to shower before the medical examination in the hospital,
- Keep the clothes you were wearing and do not wash them, in case you wish to report the incident to police, as there might be useful evidence for the investigation.

All services are free of charge.

Are you a woman and you have been threatened with violence, intimidated, humiliated, insulted or forcibly isolated? Have you been beaten by anyone?

Did anyone try to force you to have sex or other sexual acts? Are you forced (or have been forced) to get married to anyone?

Are you a woman and you feel at risk of facing any kind of violence?

Are you a mother with children and you feel at risk of facing any kind of violence?

In case you are facing any of these situations, you can ask for help and protection. You can also call the helpline 1107 (in Greek or in English).

[1] Girls under the age of eighteen (18) years old. Boys under the age of twelve (12) years old.
You are not alone
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Counselling Center in Kozani
Open: Monday to Friday 08:00 – 16:00
22 Makrygianni str., 50100 Kozani
Tel. 24610 49672
Fax. 24610 49673
E-mail: kozani@isotita.gr

Contact details of the Counseling Centres in Northern Greece

You can receive support

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You are not alone
Counseling Center of Pyrgos
Open: Monday to Friday 08:00 – 16:00
Address: Taki Petropoulou and Patras street, 271 31
Tel.: 26213 62634
E-mail: pyrgoswomen@outlook.com

You can receive support

You are not alone
Counseling Center of Tripoli
Open: Monday to Friday 08:00 – 16:00
Address: New Dimotiki Agora (municipal market) square, 221 31
Tel: 2710 241814, Fax: 2710 239592
E-mail: tripoli@isotita.gr

Contact details of the Counseling Centres in Epirus and Peloponessos

You are not the only one
You are not alone
Counseling Center of Arta
Open: Monday to Friday 08:00 – 15:00
Address: 24 Tzavella str., Arta
Tel./Fax: 26810 77400
E-mail: womenaid@arta.gr, skgarta@gmail.com

Counseling Center in Ioannina
Open: Monday to Friday 08:00 – 16:00
Address: 68, Marika Kotopouli Str., 454 45
Tel./Fax: 26510 76449
E-mail: ioannina@isotita.gr

Counseling Center of Kalamata
Open: Monday to Friday 08:00 – 16:00
Address: Perrotou and Mantiklou, Kalamata
Tel: 27210 99212-225, Fax: 27210 99225
E-mail: ksg@kalamata.gr

Counseling Center of Korinthos
Open: Monday to Friday 08:00 – 16:00
Address: 56 Ethnikis Antistaseos str. (ground floor), 201 31
Tel./Fax: 27410 74670
E-mail: skgyndk@otenet.gr

Counselling Center in Patra
Open: Monday to Friday 08:00 – 16:00
Address: 101b Kanakari Str., 262 21 Patras
Tel./ Fax: 2610620059
E-mail: patra@isotita.gr

Counseling Center of Preveza
Open: Monday to Friday 07:00 – 15:00
Address: 6 Ionias str., 481 00, Preveza,
Tel.: 26820 24444, Fax: 26820 89667
E-mail: womenaid@1485.syzefxis.gov.gr

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You are not the only one

Counseling Center of Chios
Open: Monday to Friday 08:00 – 16:00
Address: Provincial road Chios-Dafnonas, Chalkios
Tel: 22713 50040, Fax: 22713 50010
Email: womanaid@outlook.com

Counseling Center of Heraklion-Crete
Open: Monday to Friday 08:00 – 16:00
Address: 3 Stenimachou street, Therissos 713 05, Heraklion Crete
Tel:/ Fax: 2810 341387, E-mail: irakleio@isotita.gr

Counseling Center of Rethymnon-Crete
Open: Monday to Friday 08:00 – 16:00
Address: 98 L. Kountourioti street, 74100, Rethymnon
Tel.: 28310 56607, E-mail: isotitavia.reth@gmail.com

Counseling Center of Kos
Open: Monday to Friday 07:30 – 15:30
Address: March 25th str. and E. Kapioka (corner), Zipari, Kos
Tel: 22420 67420, Fax: 22420 67429
Email: women@kos.gr

Counselling Center of Lesvos (Mytilini)
Open: Monday to Friday 08:00 – 16:00
2, Papadiamanti Str.,GR-81100 Mytilini
Tel. 22510 34470, Fax. 22510 34471
E-mail: mytilini@isotita.gr

Counseling Center of Rhodes
Open: Monday to Friday 08:00 – 16:00
Address: Agioi Apostoli Square (next to KEP)
Tel: 22410 67120, 22410 67128 and 22410 67155
Fax: 22410 67123
Email: ksymbouleytikorodou@gmail.com

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Counseling Center of Chalkida
Open: Monday to Friday 08:00 – 16:00
Address: Agiou Panteleimonos and Polytechniou, Vassiliko Chalkidas 340 02
T: 2221 351827, 2221 351826
E: skg.xalkideon@0932.syzeaxis.gov.gr

Women Center in Karditsa
Open: Monday to Friday 08:00 – 16:00
Address: 22 Iroon Polytechniou, 431 32 Karditsa
Tel.: 2441071594, Fax: 2441075141
Email: wck@hol.gr

Counselling Center in Lamia
Open: Monday to Friday 08:00 – 16:00
9-11 Leonidou Str., 351 33, Lamia
Tel.: 22310 20059, Fax: 22310 20308
E-mail: lamia@isotita.gr

Counselling Center in Larisa
Open: Monday to Friday 08:00 – 16:00
4, Galinou Str., 412 22 Larisa
Tel.: 2410 535840, Fax: 2410 538365
E-mail: larisa@isotita.gr

Counseling Center of Thiva
Open: Monday to Friday 08:00 – 16:00
Address: 3 Kyprou str., 322 00, Thiva
Tel: 22620 89576, 2262089574
Fax: 2262027628
E-mail: symvouleutiko@thiva.gr

Counseling Center of Trikala
Open: Monday to Friday 08:00 – 16:00
Address: Theodosopoulou and Tzoumagias, 421 00 Trikala
Tel.: 24310 27943, Fax: 24310 25287
E-mail: skg@trikalacity.gr

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